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FOR IMMEDIATE RELEASE**

9HEALTH OFFERS NEW OPTIONS TO ACCESS PREVENTIVE HEALTH SCREENINGS

Denver, Colo. — September 15, 2020 —Health and wellbeing has never been more important than now during the global pandemic and that’s why 9Health has revamped its offerings to bring preventive screenings to people in new ways. With 9Health, you can access preventive health screenings your way with options at 9Health Fairs, Quest Diagnostics Patient Service Centers, or in the comfort of your own home.

9Health can help you improve your health, strengthen your immune system, and get on track to living your healthiest life, every day of the year. Whether you’re hoping to monitor your overall health or discover your personal health risk factors, we have the screenings you need – at a price you can afford – to empower you to take health into your own hands.

For more than 40 years, 9NEWS and 9Health have maintained a partnership focused on keeping Colorado healthy through preventive care and health awareness because prevention saves lives.

Available 9Health Screenings

Choose the preventive health screenings that make sense for your needs in a way that works for you.

9Health Your Way	Description	Available Screenings
9Health Discovery Kit	9Health and Quest Diagnostics have partnered to bring you the 9Health Discovery Kit. Build your own 9Health Discovery Kit, choose COVID-19 antibody testing , and important preventive health screenings , available at Quest Diagnostics Lab Patient Service Centers (PSC) throughout Colorado. Uncover your personal health risk factors and discover if you’ve had COVID-19 with the 9Health Discovery Kit. APPOINTMENT REQUIRED	COVID-19 Antibody Blood Chemistry PSA High-Sensitivity C-reactive Protein Vitamin D Vitamin B12 Testosterone Blood Cell Count Hemoglobin A1C Blood Type Colon Cancer Screening
9Health atHome	You may not be comfortable with an in-person visit with your healthcare provider, and that’s okay! Get preventive health screenings in the comfort of your home with 9Health atHome .	Lipid & Glucose Hemoglobin A1C Colon Cancer Screening
9Health Fairs	Prevention during a pandemic is more important than ever! To continue to provide preventive health options for our community, 9Health is offering 9Health screenings at a limited number of fall fairs. In order to protect Coloradans, we will be following CDC and the Tri-county Health Department COVID-19 safety requirements. APPOINTMENT REQUIRED	COVID-19 Antibody Blood Chemistry PSA High-Sensitivity C-reactive Protein Vitamin D Vitamin B12 Testosterone Blood Cell Count Hemoglobin A1C Blood Type Colon Cancer Screening

		FREE Flu Shots/Vouchers* *While Supplies Last
Online Health Assessments	9Health is here by your side to make the path to better health easy, accessible, and affordable. Preventing disease can change the trajectory of your life. Making small changes today can lead to a big difference in your outcomes tomorrow! Start with quick and easy online health assessments.	Diabetes Risk Assessment Cardiac Risk Assessment Sleep Apnea Risk Assessment Stress Management Assessment Nutrition Assessment Ask A Health Professional

Other screening options for preventive health are available:

- **NEW! Baseline Health** – Screenings Included: Blood Chemistry & Hemoglobin A1c (Diabetes)
- **NEW! Essential Health**– Screenings Included: Blood Chemistry, Hemoglobin A1c (Diabetes) & Vitamin D.

Each screening options offers a variety of health screenings to help you along your preventive health journey. Select the screening method that works for you remember appointments are required for screenings at 9Health Fairs and Quest Diagnostics Patient Service Centers.

To further understand your options or to register online for your preventive health screenings, visit www.9HealthFair.org.

Fasting is not required (optional) for blood screenings. To best prepare for a blood draw, drink plenty of water and continue to take prescription medications. Check with your health care provider for specific recommendations.

ABOUT 9HEALTH

9Health, a 501c-3 community non-profit, has impacted over 2 million people in its 40-year history with health and wellness tools such as preventive health screenings, evidence-based, objective health education and eTools, as well as resources for every day in your health journey. Headquartered in Denver, Colorado, its mission is to raise health awareness and provide people with the tools they need to take responsibility for their health. The largest volunteer-driven, nonprofit effort in the nation holds unique endorsements from the Colorado Medical Society, the Colorado Nurses Association, and the Colorado Hospital Association.

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