



FOR IMMEDIATE RELEASE

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REGISTRATION NOW OPEN FOR 9HEALTH FAIR'S SPRING SEASON

Health Screenings for Adults & Children Offered at 100 Locations Throughout Colorado

Denver, CO — Over 100 Colorado communities are gearing up to bring important health screenings to their residents this spring. Every year, dedicated volunteers organize 9Health Fair locations all across Colorado, placing a variety of life-saving health screenings all under one roof, making it easy and affordable to learn about your health.

In response to a growing demand, 9Health Fair will be offering two new health screenings at all locations this spring:

- **Testosterone:** Provides baseline testosterone levels, which can affect the brain, bone & muscle mass, fat distribution, the vascular system, energy levels, genital tissues, and sexual functioning.
 - \$35 – men
 - \$45 – women
- **Vitamin B12:** Provides baseline Vitamin B12 levels, which play a key role in the normal functioning of the brain and nervous system, and the formation of red blood cells.
 - \$20 value – **FREE** with purchase of any other screening (2017 only)

“We’re thrilled to expand our offerings, and make these important health screenings accessible to our participants. We’re proud to provide health and wellness education and resources that Coloradans can trust,” explains Gary Drews, CEO of 9Health Fair. “With the future of healthcare uncertain, we all must be informed health consumers. 9Health Fair remains your trusted and reliable source for unbiased information and the tools you need to own your health.”

At 9Health Fair, you are in control of your health. Medical professionals are on-hand to offer assistance and advice, but you get to decide which health screenings are right for you. Included at each location are:

- **Blood Chemistry** (\$35) - Provides baseline information on blood glucose, cholesterol, liver, kidneys, thyroid, and more.

- **Prostate Specific Antigen (PSA)** (\$30) - Measures a protein produced by the prostate gland and is recommended if you have a family history of prostate cancer or are monitoring your PSA, per your physician recommendations.
- **Vitamin D** (\$45) - Provides baseline Vitamin D levels, which helps you maintain proper bone health and understand your risk for immune diseases, heart disease, and certain types of cancer.
- **Blood Cell Count** (\$20) - Your body's ability to fight infection, anemia, liver disease and certain cancers can be discovered with this screening, which gives you a general picture of your overall health.
- **Hemoglobin A1C** (\$20) - Measures your average blood sugar control for the past 2 to 3 months. Screens for diabetes/pre-diabetes.
- **Colon Cancer Screening Kit** (\$25) - This take-home/mail-in kit checks for human blood in the stool, which may indicate colorectal conditions such as polyps, hemorrhoids, or cancer.

Based on the most current research findings, the 9Health Fair Medical Advisory Committee has determined that fasting is not required (optional) for blood screenings. To best prepare for a blood draw, drink plenty of water and continue to take prescription medications. People with diabetes should not fast. Check with your medical provider for specific recommendations.

Each 9Health Fair also offers a variety of free screenings such as Blood Pressure, Breast Exams, Prostate/Testicular, Oral, Hearing, Foot, Skin and more. These screenings vary by location. Select fairs also offer free health screenings for children. To find a location near you or to register online, visit www.9HealthFair.org.

About 9Health Fair

9Health Fair advances health awareness, providing people with the tools they need to take responsibility for their own health. 9Health Fair makes available life-saving, professional health screenings and education programs in over 130 sites in communities throughout Colorado and beyond (Nebraska, Wyoming, Kansas). Started in 1970 by the National Institutes of Health and 9NEWS, 9Health Fair became an independent 501(c)(3) non-profit organization in 1987 and has impacted 2 million lives in its 36-year history. 9Health Fair is Colorado's largest non-profit, volunteer-driven health fair program and holds unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Major sponsors for 9Health Fair include 9NEWS, Quest Diagnostics, Comcast and King Soopers. Special thanks to The Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state.

For more 9Health Fair information, please visit www.9HealthFair.org or call 1-800-332-3078.

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