



FOR IMMEDIATE RELEASE

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**STRENGTH IN NUMBERS: ATTEND A 9HEALTH FAIR THIS SPRING AND BRING
A FRIEND**

Over 150 Screening Locations Open In Neighborhoods Throughout Colorado

Denver, CO — With more than 20 free and six low-cost health screenings and education available for people to keep their health in check, 9Health Fair, Colorado’s largest volunteer-run, non-profit health fair program, announced today that in the spring of 2012, more than 150 communities will host a 9Health Fair for anyone 18 and older. This year, make a difference in your life as well as the life of another by bringing a friend, family member or coworker to 9Health Fair. For a complete list of screenings and locations throughout Colorado, Wyoming and Nebraska, visit www.9healthfair.org.

In addition to offering free and low-cost health screenings that address today’s most critical health issues, including vitamin D, heart disease, diabetes, colon cancer, cervical cancer, prostate cancer, mental health and more, 9Health Fair also offers:

Convenient online registration available at most sites with secure electronic results available within two weeks of attendance. To register online in advance for a fair, please visit www.9healthfair.org.

- Blood work, Pap smear and colon cancer screening results, with information on how to read your results, mailed directly to your home for you to share with your doctor.
- Calls from volunteer medical professionals within 72 hours of your 9Health Fair to people if a critical health issue is discovered
- Free interpretation and translation services
- Free “Ask A Medical Question / Get A Referral” services
- Free health education from hundreds of local organizations
- Free blood work vouchers available for your community’s underserved
- No social security number or personal identification required

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“We all want access to health when we need it, without barriers like lack of insurance or high co-pays. The health screening opportunity at 9Health Fair is for everyone! Whether you have insurance or not, 9Health Fair provides a broad picture of a person’s health risk and an entry point to accessing healthcare or health programs,” said Jim Goddard, President and CEO of 9Health Fair. “Our annual ‘celebration of wellness’ provides a very convenient, accessible, and non-intimidating way to get personal health information. And most of our screenings are absolutely free. So we ask everyone to consider who in their life may not have easy access to health, and invite them to join you at a 9Health Fair.”

Each year, 19,000 9Health Fair volunteers serve more than 90,000 people from communities around the state. With more than half of those volunteers comprised of doctors, nurses and other medically-trained individuals, 9Health Fair needs Phlebotomists, Registered Nurses (RNs), Physicians Assistants (PAs), Medical Doctors (MDs), Emergency Medical Technicians (EMTs) and other credentialed medical professionals to help administer a variety of health screenings and draw blood. Retired medical professionals and students enrolled in a medical program can also volunteer at any 9Health Fair site, with instructor supervision, and additional phlebotomy training and refresher courses are available through 9Health Fair. Spanish speaking volunteers to help with on-site interpretation and translation are also needed, as well as non-medical volunteers to work in a variety of capacities.

In preparation to attend a 9Health Fair, be sure to drink plenty of water, fast for 12 hours if you plan to have your blood drawn (unless you are diabetic), and continue taking prescribed medication. “Drinking plenty of water the night before and morning of your 9Health Fair is really the best way to prevent any issues during your blood draw experience,” Goddard said.

All 9Health Fair locations include a \$30 Blood Chemistry Screening which gives you information on your blood sugar (glucose), cholesterol, triglycerides, liver, kidney, bone and muscle function and may show warning signs of diabetes, heart disease and other concerns. Other low-cost screenings such as a \$25 Prostate Specific Antigen (PSA) screening for men, which checks for prostate gland issues and cancer, a \$15 Blood Count screening, which checks the health of your blood, a \$40 Vitamin D screening, which measures your baseline Vitamin D level, a \$25 Hemoglobin A1C screening that gives you an average blood sugar level over the past 2 to 3 months, and \$20 Colon Cancer Screening Take Home Kit, which checks for colon cancer, are also available. Free screenings such as Blood Pressure, Pap smears, Breast Exams, Prostate/Testicular, Ask a Medical Question, Ask a Pharmacist, Osteoporosis, Oral, Hearing, Foot, Skin and more are offered at specific locations, as well.

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For more 9Health Fair information, please visit www.9healthfair.org or call 1-800-332-3078.

About 9Health Fair

9Health Fair is Colorado's largest non-profit, volunteer-driven health fair program that promotes health awareness and encourages individuals to assume responsibility for their own health. Created by a National Institutes of Health project and 9NEWS, 9Health Fair's free and low-cost health screenings and education program has earned unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Since 1980, 9Health Fair has impacted 1.7 million lives. As an independent 501(c)(3) non-profit organization, 9Health Fair is proud of its financial management performance, keeping its administration and fundraising expense under 17 percent of its total budget, well under the industry average of 20-25 percent.

Sponsors for the 2012 9Health Fair include 9NEWS, Quest Diagnostics, King Soopers, Comcast, Pinnacol Assurance, Western Dairy Association, Covidien, Colorado Beef Council, Abbott Diabetes Care, ViaWest and Infinity Park Event Center. Special thanks to The Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state, Lions Clubs of Colorado and Denver Rotary.

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