



FOR IMMEDIATE RELEASE
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OWN YOUR HEALTH: ATTEND 9HEALTH FAIR APRIL 17-25
162 Screening Locations Open In Neighborhoods Throughout Colorado

Denver, CO — With more than 20 free and four low-cost health screenings and education available for people to keep their health in check, 9Health Fair, Colorado’s largest volunteer-run, non-profit health fair program, announced today that starting in April, more than 160 communities will host a 9Health Fair for anyone 18 and older. For a complete list of screenings and locations throughout Colorado, Wyoming and Nebraska, visit www.9healthfair.org.

In addition to offering free and low-cost health screenings that address today’s most critical health issues, including heart disease, diabetes, colon cancer, cervical cancer, prostate cancer, mental health and more, 9Health Fair also offers:

- Blood work, Pap smear and colon cancer screening results, with information on how to read your results, mailed directly to your home for you to share with your doctor. Results delivered within four weeks of your 9Health Fair visit.
- Calls from volunteer doctors and nurses within 72 hours of your 9Health Fair to people if a critical health issue is discovered
- Free transportation services through Metro Taxi and South Suburban Taxi
- Free interpretation and translation services
- Free “Talk With A Health Professional” services
- Free health education from hundreds of local organizations
- Free blood work vouchers available for your community’s underserved
- No social security number or personal identification required

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“With jobs and healthcare weighing heavily on most people’s minds today, it has never been more important for people to really start understanding and owning their health,” said Jim Goddard, President and CEO of 9Health Fair. “Because our community-driven program is a safe, friendly and affordable way for people to learn more about their health, this year, we want people who regularly participate in 9Health Fair to bring their loved ones so that they can start taking action to live a long, high quality life.”

Each year, 19,000 9Health Fair volunteers serve more than 90,000 people from communities around the state. With more than half of those volunteers comprised of doctors, nurses and other medically-trained individuals, 9Health Fair needs Phlebotomists, Registered Nurses (RNs), Physicians Assistants (PAs), Medical Doctors (MDs), Emergency Medical Technicians (EMTs) and other credentialed medical professionals to help administer a variety of health screenings and draw blood. Retired medical professionals and students enrolled in a medical program can also volunteer at any 9Health Fair site, with instructor supervision, and additional phlebotomy training and refresher courses are available through 9Health Fair. Spanish speaking volunteers to help with on-site interpretation and translation are also needed.

In addition, to ensure proper hydration for a smooth blood draw experience, and to continue its focus on “Reduce, Reuse, Recycle,” this year, participants should plan to bring water to their 9Health Fair.

“Drinking plenty of water the night before and morning of your 9Health Fair is really the best way to prevent any issues during your blood draw experience,” Goddard said.

All 9Health Fair locations include a \$30 Blood Chemistry Screening which gives you information on your blood sugar (glucose), cholesterol, triglycerides, liver, kidney, bone and muscle function and may show warning signs of diabetes, heart disease and other concerns. Other low-cost screenings such as a \$25 Prostate Specific Antigen (PSA) screening for men, which checks for prostate gland issues and cancer, a \$15 Blood Count screening, which checks the health of your blood, and \$20 Colon Cancer Screening Take Home Kit, which checks for colon cancer, are also available. Free screenings such as Blood Pressure, Pap smears, Breast Exams, Prostate/Testicular, Talk with a Health Professional, Ask a Pharmacist, Osteoporosis, Oral, Hearing, Foot, Skin and more are offered at specific locations, as well.

For more 9Health Fair information, please visit www.9healthfair.org or call 1-800-332-3078.

About 9Health Fair

9Health Fair is Colorado's largest non-profit, volunteer-driven health fair program that promotes health awareness and encourages individuals to assume responsibility for their own health. Created by a National Institutes of Health project and 9NEWS, 9Health Fair's free and low-cost health screenings and education program has earned unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Since 1980, 9Health Fair has impacted 1.7 million lives. As an independent 501(c)(3) non-profit organization, 9Health Fair is proud of its financial management performance, keeping its administration and fundraising expense under 17 percent of its total budget, well under the industry average of 20-25 percent.

Major sponsors for the 2010 9Health Fair include 9NEWS, Quest Diagnostics, GE and King Soopers. Special thanks to The Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state.

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