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**FAMILY 9HEALTH FAIR SERVES THOUSANDS IN THREE DAYS**  
*More Than 2,700 Adults and 1,000 Youth Learn About Their Health at First-Time Fair*

**Denver, CO - -** In an effort to teach young families how to take responsibility for their health, 9Health Fair, Colorado's largest non-profit, volunteer-driven health fair program, announced today that more than 2,700 adults and 1,000 children participated in the first-ever Family 9Health Fair in Commerce City at Dick's Sporting Goods Park, Oct. 17, 18, and 19. With the support of Commerce City, the Denver Hispanic Chamber of Commerce, Rose Medical Center, North Suburban Medical Center, Telemundo and KBNO Radio, families came together and met with health professionals and accessed dozens of free and low-cost health screenings, activities and education.

"We are so pleased that so many people took advantage of the Family 9Health Fair," said 9Health Fair President and CEO Jim Goddard. "Based on our results, we are confident that our Family 9Health Fair reached that young audience," Goddard continued, stating that approximately 15 percent of spring 9Health Fair attendees report they have Medicare or Medicaid coverage, versus four percent from the Family 9Health Fair.

Leading the fair were approximately 650 medical and non-medical volunteers from the community and organizations such as the Denver Hispanic Chamber of Commerce, Commerce City, Rose Medical Center, North Suburban Medical Center, the Denver School Foundation and George Washington High School. The volunteers provided a variety of health screenings, directed traffic, delivered interpretation and translation services, and much more.

More than 2,000 adults received a \$30 Blood Chemistry screening, an estimated \$400-\$600 value, which checks all major organ functions including thyroid, cholesterol, triglycerides and glucose levels. Approximately 950 people had their risk for infection and anemia checked through a Blood Count screening, and nearly 430 men 40 and older had Prostate Specific Antigen (PSA) screening, which checks for prostate cancer. Approximately 100 people purchased a Colon Cancer screening kit to help determine their risk for colon cancer.

To help any adult access the low-cost blood screenings, 375 participants received free blood work

vouchers. Two hundred and ninety-five of those vouchers were used on Oct. 18, which was designated as Denver Hispanic Chamber of Commerce day at 9Health Fair.

“With the current economic situation, 9Health Fair is a great free and low-cost health resource for the entire community, and we can’t thank our volunteers and partners enough for making this effort possible,” Goddard said.

In addition, approximately 930 adults and 342 children received low-cost flu shots, 260 women received free Pap smears, 210 men received free Prostate/Testicular screenings, and more than 740 adults also learned how to protect themselves from heart disease through the Colorado Prevention Center’s Cardiac Risk Assessment.

9Health Fair participants received their personal screening results at the fair and in the mail. People with critical or alert health issues were contacted within 72 hours of their visit by a volunteer nurse or doctor advising them to seek appropriate medical attention.

“Each year, nearly five percent of our participants receive a critical or alert call from 9Health Fair nurses, helping catch serious health issues before they become emergencies,” Goddard said. “We encourage all participants to share their 9Health Fair results with their primary healthcare provider for further diagnosis and treatment. People who don’t have a healthcare provider can call 9Health Fair to find a healthcare resource near them.”

Plans are underway for a 2<sup>nd</sup> annual Family 9Health Fair in fall, 2009. The 30<sup>th</sup> annual 9Health Fair, which is for adults 18 and older, is scheduled for April 18-26, 2009. People interested in volunteering, making a donation or participating can visit [www.9healthfair.org](http://www.9healthfair.org) or call 303-698-4455.

## **About 9Health Fair**

9Health Fair is Colorado’s largest non-profit, volunteer-driven health fair program that promotes health awareness and encourages individuals to assume responsibility for their own health. Created by a National Institutes of Health project and 9NEWS, 9Health Fair’s free and low-cost health screening and education program has earned unique endorsements from the Colorado Medical Society, the Colorado Nurses Association and the Colorado Hospital Association. Since 1980, 9Health Fair has impacted 1.7 million lives. As an independent non-profit 501(c)(3) organization, 9Health Fair is proud of its financial management performance, keeping its administration and fundraising expense under 17 percent of its total budget, well under the industry average of 20-25 percent.

Major sponsors for the 2008 9Health Fair include 9NEWS, Quest Diagnostics, UniPath, King Soopers/City Market, GE Healthcare and Abbott. Special thanks to the Colorado National Guard for its continued 9Health Fair support through delivering supplies to volunteers and sites around the state.

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